

## Pre-operative Information

# Medications to Avoid Before Surgery

It is important to avoid certain medications prior to surgery. The following medications can have effects on bleeding, swelling, increase the risk of blood clots, and cause other problems if taken around the time of surgery.

Please notify your surgeon's office if you are taking any vitamins, herbal medications/supplements as these can also cause problems during your surgery and **should not be taken for the two week period before surgery and one week after surgery.**

It is extremely important that if you come down with a cold, fever, rash, or "any new" medical problem close to your surgery date, you should notify your surgeon's office immediately.

### **Section One:**

The following drugs contain aspirin and/or aspirin like effects that may affect your surgery (abnormal bleeding and bruising). **These drugs should be avoided for at least two weeks prior to surgery.**

A.P.C.	Doloprin	Nuprin
A.S.A.	Easprin	Orudis
A.S.A. Enseals	Ecotrin	Pabalate-SF
Advil	Emprin with Codeine	Pamelor
Aleve	Endep	Parnate
Alka-Seltzer Plus	Equagesic Tablets	Percodan
Alka-Seltzer	Etrafon	Pepto-Bismol (all types)
Anacin	Excedrin	Persantine
Anaprox	Feldene	Phenteramine
Ansaid	Fiorinal	Phenylbutzone
Argesic	Flagly	Ponstel
Arthritis pain formula	Four Way Cold Tablets	Propoxyphene Compound
Arthritis strength Bufferin	Gemisyn	Robaxial
Arthropan Liquid	Gleprin	Rufen
AS.A.	Goody's	S-A-C
Ascriptin	Ibuprofen (all types)	Saletto
Asperbuf	Indocin	Salocol
Aspergum	Indomethacin	Sine-Aid/Sine-Off/Sinutab
Aspirin (all brands)	Lanorinal	SK-65 Compound
Atomid	Lioresal	St. Joseph's Cold Tab
B.C. Tablets & Powder	Magan	Sulindac
Backache Formula	Magsal	Synalgos
Bayer Children's Cold Tablets	Marnal	Tagamet
Buff-A Comp	Marplan	Talwin Compound
Bufferin	Medomen	Tenuate Dospan
Buffets II	Methocarbamol with Aspirin	Tolectin
Buffinol	Micrainin	Toradol
Buff-Tabs	Midol	Triamincin
Butazolidin	Mobidin	Trigesic
Caffergot	Mobigesic	Trilisate Tablets/Liquid
Cama Arthritis Pain Reliever	Momentum Muscular	Uracel
Carisoprodol	Motrin	Vanquish
Clinoril	Nalfon	Verin
Congestion Chewable	Naprosyn	Voltaren
Cope Tablets	Naproxen	Zorpin
Damason P	Nardil	Zorprin
Darvon	Nicobid	
Disalcid	Norgesic	
Dolobid	Norgesic Forte	

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### Section Two:

The drugs listed below can have undesirable side affect that may affect your anesthesia or surgery. Please let your surgeon know if you are currently taking any of these medications.

Achromycin	Ephedrine	Procarbazine HCL
Adapin	Extrafon	Pseudoephedrine
Amitriptyline HCL/MCL	Flexeril	Sinequan
Amoxapine	Imipramine HCL	Sumycin
Anafranil	Isocarboxazid	Sumontil
Asendin	Limbitrol	Tetracycline
Aventyl	Ludiomil	Tofranil
Carbamezapine	Maprotiline HCL	Tranlycypromine
Co-Tylenol	Matylane	Tri-Cyclen
Comtrex	Medipren	Triavil
Desipramine HCL	Mystecin-F	Trimipramine maleate
Desyrel	Norpramin	Viagra
Dilantin	Nortriptyline HCL	Vibramycin
Doxepin HCL	Novahistine	Vioxx
Effexor	Omade	Vivactil
Elavil	Perphenazine	Zomax
Ephredra	Phenelzine sulfate	

### Section Three:

**VITAMINS/HERBAL SUPPLEMENTS:** The vitamins and herbal supplements can cause abnormal bleeding problems and can affect your cardiovascular system. Below is a list of herbal supplements/vitamins that may affect surgical outcome and safety. **These vitamins/herbal supplements should be avoided for at least two weeks prior to surgery.**

Dong Quai	Gingko Biloba	St. John's Wort (all types)
Echinacea	Ginseng	Valerian
Ephedra	Glucosamine	Vitamin C (more than 2000mg daily)
Feverfew	Goldenseal	Vitamin E (more than 400mg daily)
Fish Oils (Omega-3 Fatty acids)	Kava	
Garlic	Licorice	

### Section Four:

**DIET PILLS:** Patients having surgery must discontinue any diet pills for at least 2 weeks prior to surgery. This includes but is not limited to Phenetamine, Reduz, Ephedra (any type), and both Prescription and Over-the-counter Non-Prescription Diet Pills. Please let your surgeon know if you have any questions about this policy, but the unknown risks of theses substances (however small it may be) is simply not worth it when having an elective procedure. **Failure to abide by this policy may result in cancellation of surgery.**

### Section Five:

**NICOTINE PRODUCTS:** Nicotine reduces the blood flow to the skin any may impair healing. Quitting smoking drastically improves the body's response to surgery.

Cigarettes	Nicotine Gum
Cigars	Patches